



Nottinghamshire
Carers
Association

01773 833 833
info@nottinghamshirecarers.co.uk
www.nottinghamshirecarers.co.uk

Why register with your GP?

Every surgery should have a designated Carers Champion. Their role is to:

- Listen to Carers needs and signpost them to other organisations e.g. Nottinghamshire Carers Hub
- Coordinate actions for carers within the medical practice and make sure that Carers are identified and supported through a whole practice approach
- Keep the practice Carers' Register up to date
- Provide information and resources for Carers
- Promote Carer awareness in the surgery – Spread the Word

Support from each Surgery may differ but could include:

- Register as a Carer
- Be listened to and valued – have a voice
- Offered double or flexible appointments
- Invited for flu clinics and health checks
- Given specific information about their cared for person's condition
- Repeat prescriptions direct from local pharmacy
- Information about available support
- Consent to share information
- Understanding of the caring role without having to explain at every appointment
- Invited for relevant vaccinations



Contact your GP Practice and ask about the support they offer for Carers.