Come and join us at our Face to Face or Virtual Carer Support Groups in NOVEMBER 2022



Tues 1th Nov 1.30pm - 3.30pm Wed 2th Nov 1.30pm - 12.00pm Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB Face to face: Broxtowe Carer Support Group Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA Guest speaker: Suzanne Dawson / Enterprise Foods Wirtual: Asian Women Carer Support Group with Noreen Via Zoom, book on to receive the link Face to face: Gedling Carer Support Group with Kayleigh Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX Guest speaker: Michael Blackham from Green Doctor Service Wed 9th Nov 10.00am - 11.30am Thurs 10th Nov 10.00am - 12.00pm Mon 14th Nov 1.00pm - 3.00pm Mon 14th Nov 1.00pm - 3.00pm Mon 14th Nov 1.00pm - 3.00pm Face to face: Ashfield Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bullwell NG6 8FN Face to face: Ashfield Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bullwell NG6 8FN Face to face: Ashfield Carer Support Group with Helene Venue: Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE Face to face: Afro-Caribbean Carer Support Group with Jazz Venue: Queens Walk Community Centre, Meadows NG2 2DF Viri 1.00pm - 3.00pm Mon 2th Nov 1.00pm - 3.00pm Face to face: St Anns / Mapperley Carer Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3G6 Face to face: Clifton Carer Support Group with Noreen Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR	Date	Details
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Guest speaker: Wendy Bresland / Care Liaison Advisor from CHS Healthcare		Guest speaker: Wendy Bresland / Care Liaison Advisor from CHS Healthcare
Mon 28th Nov Face to face: Hyson Green Carer Support Group with Jazz	Mon 28 th Nov 11.00am - 1.00pm	Face to face: Hyson Green Carer Support Group with Jazz
Wed 30th Nov Face to face: Retford Carer Support Group with Lauren	Wed 30 th Nov 10.30am - 12.00pm	Face to face: Retford Carer Support Group with Lauren
Wed 30th Nov Face to face: Carer Drop In with Imaan	Wed 30 th Nov 10.00am - 12.00pm	Face to face: Carer Drop In with Imaan
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Virtual support groups delivered via Zoom, book to receive the link.

To book, contact:

Email: nottinghamshirehub@tuvida.org / Tel: 0115 8248 824





