

Come and join us at our Face to Face or *Virtual* Carer Support Groups in MAY 2023

Date	Details
Tues 2 nd May 1.30pm – 3.30pm	Face to face: Rushcliffe Carer Support Group Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB First Aid Training with British Red Cross
Wed 3 rd May 10.00am – 12.00pm	Face to face: Broxtowe Carer Support Group Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX Guest speaker:
Fri 5 th May 10.00am – 12.00pm	Face to face: Mansfield Carer Support Group with Bethany Venue: Friends Meeting House, Rosemary Street, Mansfield, NG18 1RB Guest speaker: Dementia Connect
Tues 9 th May 10.30am – 12.30pm	Face to face: Gedling Carer Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX Guest speaker: Local councillor re government and local authority changes to social care
Wed 10 th May 10.00am – 11.30am	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT First Aid Training with British Red Cross
Thurs 11 th May 10.00am – 12.00pm	Face to face: Newark & Sherwood Carer Support Group with Dee Venue: Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Mon 15 th May 1.00pm – 3.00pm	Face to face: Ashfield Carer Support Group with Bethany Venue: Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE Note: change of date due to the bank holiday
Mon 15 th May 1.00pm – 3.00pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN Note: change of date due to the bank holiday. Let's Eat Cake! We are raising money for Alzheimer's Research
Thurs 18 th May 1.30pm – 2.30pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Debbie <i>Via Zoom, book on to receive the link</i>
Mon 22 nd May 11.00am – 1.00pm	Face to face: Hyson Green Carer Support Group with Noreen Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Thurs 25 th May 7.00pm – 8.00pm	<u>VIRTUAL</u>: Parent Carers Group <i>Via Zoom, book on to receive the link</i>
Fri 26 th May 12.00pm – 2.00pm	Face to face: Clifton Carer Support Group with Christina Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR
Wed 31 st May 10.30am – 12.00pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD
Wed 31 st May 10.00am – 12.00pm	Face to face: Carer Drop In with Imaan Venue: Wollaton Park Medical Centre, Harrow Road, Wollaton NG8 1FG

Virtual support groups delivered via Zoom, book to receive the link.

To book onto a support group please contact:

Email: nottinghamshirehub@tuvia.org

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