

Come and join us at our Face to Face or Virtual Carer Support Groups in MAY 2022

Tü Vida



Date	Details
Tues 3 rd May 1.30pm-3.30pm	Face to face: Rushcliffe Carer Support Group with Catherine Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB
Wed 4 th May 10am-12pm	Face to face: Broxtowe Carer Support Group with Hayley Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX Guest speaker from: Broxtowe Lifeline Service
Fri 6 th May 10am - 12pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA Guest speaker: Silvertime Legal / Wills / Power of Attorney
Mon 9 th May 1.30pm-2.30pm	<u>VIRTUAL</u>: Asian Women Carer Support Group with Noreen Virtual session via Zoom, book on to receive the link
Mon 9 th May 1pm - 3pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN
Mon 9 th May 1.30pm-3.30pm	Face to face: Ashfield Carer Support Group with Fatima Venue: John Godber Centre, Ogle Street, Hucknall NG15 7FQ <i>*With First Aid Training from British Red Cross*</i>
Tues 10 th May 11am-1pm	Face to face: Gedling Carer Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 11 th May 10am-11.30am	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 12 th May 10am - 12pm	Face to face: Newark & Sherwood Carer Support Group with Dee New Venue Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Mon 16 th May 1pm - 3pm	Face to face: St Anns / Mapperley Carer Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
Wed 18 th May 1pm - 3pm	Face to face: Afro-Caribbean Carer Support Group with Jazz Venue: Queens Walk Community Centre, Meadows NG2 2DF
Thurs 19 th May 1.30pm-2.30pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Kayleigh Virtual session via Zoom, book on to receive the link
Mon 23 rd May 11am - 1pm	Face to face: Hyson Green Carer Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Wed 25 th May 10.30am-12.00pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD
Thurs 26 th May 12.30pm-2.30pm	NEW Face to face: Parent Carer Support Group with Helene Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Fri 27 th May 12pm - 2pm	Face to face: Clifton Carer Support Group with Becca Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR

Virtual support groups delivered via Zoom, book to receive the link. **Face to face groups are limited to 12 places & must be booked in advance**, to book, contact:

Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824

