

Come and join us at our Face to Face or *Virtual* Carer Support Groups in MARCH 2022

Tü Vida



Date	Details
Tues 1 st March 1.30pm-3.30pm	Face to face: Rushcliffe Carer Support Group with Catherine Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB
Wed 2 nd March 10am-12pm	Face to face: Broxtowe Carer Support Group with Martin & Hayley Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX
Fri 4 th March 10am - 12pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA <u>With First Aid Training from British Red Cross</u>
Mon 7 th March 1.30pm-2.30pm	<u>VIRTUAL via Zoom</u>: Asian Women Carer Support Group with Noreen Come and join us via Zoom, book on to receive the link
Tues 8 th March 10.30am- 12.30pm	Face to face: Gedling Carer Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 9 th March 10.30am- 12.30pm	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 10 th March 10am - 1pm	Face to face: Newark & Sherwood Carer Support Group with Dee <u>New Venue Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN</u> <u>With First Aid Training from British Red Cross</u>
Fri 11 th March 3pm-4pm	<u>VIRTUAL via Zoom</u>: Guest speaker from Office of the Public Guardian: Power of Attorney / Deputyship
Mon 14 th March 1pm - 3pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN Guest speaker: Bina Menz / Estate Planning / Wills
Mon 14 th March 1.30pm-3.30pm	Face to face: Ashfield Carer Support Group with Fatima <u>NEW Venue: John Godber Centre, Ogle Street, Hucknall NG15 7FQ</u> Guest speaker: Silvertime Legal / Tax, Care & the New Guy
Wed 16 th March 1pm - 3pm	Face to face: Afro-Caribbean Carer Support Group with Jazz Venue: Queens Walk Community Centre, Meadows NG2 2DF
Thurs 17 th March 1.30pm-2.30pm	<u>VIRTUAL via Zoom</u>: Carer's Café via Zoom with Kayleigh Guest speaker: Catherine from Carers Hub / Dementia Awareness
Thurs 17 th March 7pm-8pm	<u>VIRTUAL via Zoom</u>: Parent Carer Support Group with Helene Come and join us via Zoom, book to receive the link
Mon 21 st March 1pm - 3pm	Face to face: St Anns & Mapperley Carer Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
Fri 25 th March 12pm - 2pm	Face to face: Clifton Carer Support Group with Becca Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR
Mon 28 th March 11am - 1pm	Face to face: Hyson Green Carer Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Wed 30 th March 10.30am- 12.00pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD

Virtual support groups delivered via Zoom, book to receive the link. **Face to face groups are limited to 12 places & must be booked in advance**, to book, contact:

Email: nottinghamshirehub@tuvida.org / Tel: 0115 8248 824



Nottingham
City Council



Nottinghamshire
County Council

