

**Come and join us for at our Face to Face
or *Virtual* Carer Support Groups
in JANUARY 2022**

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Date	Details
Mon 10 th Jan 1pm – 3pm	Face to face: Bulwell Carers Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN
Tues 11 th Jan 10.30am-12.30pm	Face to face: Gedling Carers Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 12 th Jan 10am - 12pm	Face to Face: Bassetlaw Carers Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT (Both Retford and Worksop Carers welcome to attend)
Thurs 13 th Jan 10am - 12pm	Face to face: Newark & Sherwood Carers Support Group with Dee Venue: The Carriages Café, Castle Station, Ossington Way, Newark NG24 1BL
Mon 17 th Jan 1pm - 3pm	Face to face: St Anns / Mapperley Support Group with Noreen Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
Wed 19 th Jan 10.30am-12.30pm	VIRTUAL: Benefits Info & Advice Session for County Carers Guest speaker: Paul Stafford & Charlotte Robertson from NCC Benefits Team
Wed 19 th Jan 1pm - 3pm	Face to face: Afro-Caribbean Support Group with Jazz Venue: Queens Walk Community Centre, Meadows, NG2 2DF
Thurs 20 th Jan 1.30pm-2.30pm	VIRTUAL : Carer's Café via Zoom with Hayley & Kayleigh Come & join us via Zoom, book to receive the link
Mon 24 th Jan 11am – 1pm	Face to face: Hyson Green Carers Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Tues 25 th Jan 7pm – 8pm	VIRTUAL: Working Carers Support Group Come and join us via Zoom, book to receive the link
Thurs 27 th Jan 7pm – 8pm	VIRTUAL: Evening Parent Carer Support Group Come and join us via Zoom, book to receive the link
Fri 28 th Jan 12pm - 2pm	Face to face: Clifton Carers Support Group with Christina Venue: Community Centre, Southchurch Drive, Clifton, NG11 8AR

Virtual support groups delivered via Zoom, book to receive the link. **Face to face groups are limited to 12 places & must be booked in advance**, to book, contact:

Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824

