

Come and join us at our Face to Face or Virtual Carer Support Groups in JULY 2022

Date	Details
Fri 1 st July 10.00am – 12.00pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA
Mon 4 th July 1.30pm – 2.30pm	<u>VIRTUAL</u>: Asian Women Carer Support Group with Noreen Via Zoom, book on to receive the link
Tues 5 th July 1.30pm – 3.30pm	Face to face: Rushcliffe Carer Support Group with Catherine Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB
Wed 6 th July 10.00am – 12.00pm	Face to face: Broxtowe Carer Support Group with Hayley Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX
Mon 11 th July 1.00pm – 3.00pm	Face to face: Bulwell Carer Support Group with Becca Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN
Mon 11 th July 1.00pm – 3.00pm	Face to face: Ashfield Carer Support Group with Fatima <u>New Venue</u> : Health & Wellbeing Centre, Portland Rd, Kirkby in Ashfield NG17 7AE
Tues 12 th July 10.30am – 12.30pm	Face to face: Gedling Carer Support Group with Sally Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 13 th July 10.30am – 12.30pm	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT <u>Guest speaker: Dave Bacon BCVS Social Prescribing Team</u>
Thurs 14 th July 10.00am – 12.00pm	Face to face: Newark & Sherwood Carer Support Group with Dee Venue: Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Mon 18 th July 1.00pm – 3.00pm	Face to face: St Anns / Mapperley Carer Support Group Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
Wed 20 th July 1.00pm – 3.00pm	Face to face: Afro-Caribbean Carer Support Group with Jazz Venue: Queens Walk Community Centre, Meadows, Nottingham NG2 2DF
Thurs 21 st July 1.30pm – 2.30pm	<u>VIRTUAL</u>: Carer's Café via Zoom with Kayleigh Virtual session via Zoom, book on to receive the link
Mon 25 th July 11.00am – 1.00pm	Face to face: Hyson Green Carer Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Wed 27 th July 1.00pm – 2.30pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD (note revised time)
Thurs 28 th July 12.30pm – 2.30pm	NEW Face to face: Parent Carer Support Group with Helene Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Thurs 28 th July 7.00pm – 8.00pm	<u>VIRTUAL</u>: Parent Carer Support Group with Helene Virtual session via Zoom, book on to receive the link
Fri 29 th July 12.00pm – 2.00pm	Face to face: Clifton Carer Support Group with Christina Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR <u>Guest speaker: British Red Cross / First Aid Training</u>

Virtual support groups delivered via Zoom, book to receive the link. To book, contact:
Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824