



**Come and join us for a Christmas Quiz,  
Festive Fun & Delicious Treats at our  
Face to Face or *Virtual*  
Carer Support Groups in DECEMBER 2021**

**Tū Vida**



Date	Details
Wed 1 <sup>st</sup> Dec 10am – 12pm	<b>Face to face: Broxtowe Support Group with Martin</b> Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX
Fri 3 <sup>rd</sup> Dec 10am – 12pm	<b>Face to face: Mansfield Support Group with Steph</b> The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA
Mon 6 <sup>th</sup> Dec 12.30pm-2.30pm	<b>Face to Face: Asian Women Support Group with Noreen</b> Venue: Mary Potter Centre, Gregory Boulevard, Hyson Green NG7 5HY
Tues 7 <sup>th</sup> Dec 1.30pm -3.30pm	<b>Face to face: Rushcliffe Support Group with Fatima</b> Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB
Wed 8 <sup>th</sup> Dec 10.30am-12.30pm	<b>Face to Face: Bassetlaw Support Group with Lauren</b> Venue: The Well, Hospital Road, Retford DN22 7BD (Both Retford and Worksop Carers welcome to attend)
Mon 13 <sup>th</sup> Dec 1pm-3pm	<b>Face to face: Bulwell Support Group with Becca</b> Venue: Ravensworth Road Methodist Church, Bulwell NG6 8FN
Tues 14 <sup>th</sup> Dec 10.30am-12.30pm	<b>Face to face: Gedling Carers Café with Sally</b> Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX
Wed 15 <sup>th</sup> Dec 1pm-2pm	<b>VIRTUAL : Afro-Caribbean Support Group via Zoom with Jazz</b> Come and join us via Zoom, please book to receive the link
Thurs 16 <sup>th</sup> Dec 10am-12pm	<b>Face to face: Newark &amp; Sherwood Support Group with Dee</b> Venue: The Carriages Café, Castle Station, Ossington Way, Newark NG24 1BL
Thurs 16 <sup>th</sup> Dec 1.30pm-2.30pm	<b>VIRTUAL : Carer's Café via Zoom with Hayley &amp; Kayleigh</b> Come & join us via Zoom, book to receive the link
Mon 20 <sup>th</sup> Dec 1pm-3pm	<b>Face to face: St Anns Support Group with Noreen</b> Venue: St Anns Valley Centre, 2 Livingston Road, St Anns NG3 3GG
<b>GROUPS NOT RUNNING</b>	<b>The Hyson Green support group and Parent Carer group won't be running in December as they fall close to the Christmas period along with the Broxtowe, Rushcliffe and Mansfield groups in early January</b>

Virtual support groups delivered via Zoom, book to receive the link. **Face to face groups are limited to 12 places & must be booked in advance**, to book, contact:  
Email: [nottinghamshirehub@tuvia.org](mailto:nottinghamshirehub@tuvia.org) / Tel: 0115 8248 824

