

Come and join us at our Face to Face or Virtual Carer Support Groups in APRIL 2022

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Date	Details
Fri 1 st April 10am - 12pm	Face to face: Mansfield Carer Support Group with Lana The Oak Room, Mansfield CVS, Community House, 36 Wood St, Mansfield, NG18 1QA
Mon 4 th April 12.30pm-2.30pm	Face to face: Asian Women Carer Support Group with Noreen Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Tues 5 th April 1.30pm-3.30pm	Face to face: Rushcliffe Carer Support Group with Catherine Venue: Church of the Holy Rood, Village St, Edwalton, NG12 4AB <u>* With First Aid Training from British Red Cross *</u>
Wed 6 th April 10am-12pm	Face to face: Broxtowe Carer Support Group with Hayley Venue: Chilwell Community Centre, Inham Road, Inham Nook, Chilwell, NG9 4HX
Mon 11 th April 1pm - 3pm	Face to face: Bulwell Carer Support Group with Becca We are going out for Lunch this month rather than a support group, please contact us to book a place
Mon 11 th April 1.30pm-3.30pm	Face to face: Ashfield Carer Support Group with Fatima <u>NEW Venue:</u> John Godber Centre, Ogle Street, Hucknall NG15 7FQ
Tues 12 th April 11am-1pm	Face to face: Gedling Carer Support Group with Helene Venue: Gedling Road Methodist Church, Gedling Road, Carlton, NG4 3EX <u>* With First Aid Training from British Red Cross *</u>
Wed 13 th April 10am-11.30am	Face to face: Worksop Carer Support Group with Lauren Venue: The Crossing Church, Newcastle Street, Worksop, S80 2AT
Thurs 14 th April 10am - 12pm	Face to face: Newark & Sherwood Carer Support Group with Dee <u>New Venue</u> Newark Beacon Centre, Gresham Suite, Cafferata Way, Newark NG24 2TN
Wed 20 th April 2pm - 3pm	<u>VIRTUAL:</u> Afro-Caribbean Carer Support Group with Jazz Virtual session via Zoom, book on to receive the link
Thurs 21 st April 1.30pm-2.30pm	<u>VIRTUAL:</u> Carer's Café via Zoom with Kayleigh Virtual session via Zoom, book on to receive the link
Mon 25 th April 11am - 1pm	Face to face: Hyson Green Carer Support Group with Jazz Venue: Mary Potter Health Centre, Gregory Boulevard, Hyson Green NG7 5HY
Tues 26 th April 7pm-8pm	<u>VIRTUAL:</u> Evening Support Group for Working Carers with Becca Virtual session via Zoom, book on to receive the link
Wed 27 th April 10.30am-12.00pm	Face to face: Retford Carer Support Group with Lauren Venue: The Well, Hospital Road, Retford DN22 7BD
Thurs 28 th April 10.30am-11.30am	<u>VIRTUAL via Zoom:</u> Parent Carer Support Group with Helene Come and join us via Zoom, book to receive the link
Fri 29 th April 12pm - 2pm	Face to face: Clifton Carer Support Group with Becca Venue: Clifton Community Centre, Southchurch Drive, Clifton NG11 8AR
Not running due to bank holiday	St Anns & Mapperley Carer Support Group with Noreen

Virtual support groups delivered via Zoom, book to receive the link. **Face to face groups are limited to 12 places & must be booked in advance**, to book, contact:

Email: nottinghamshirehub@tuvia.org / Tel: 0115 8248 824



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