



Nottinghamshire  
Carers  
Association

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## Community Carer Awareness Webinar



According to Carers UK informal Carers save the national economy £162 billion per year.

3 in 5 people will have a caring role or be affected by a caring role at some point in their lives.

69% of carers responding to the Carers Week survey reported poor mental health, while 64% said their physical health had deteriorated.

With this in mind, Nottinghamshire Carers Association would like to work with your organisation to support unpaid or informal carers across the county.

We can provide you and your team with Carer Awareness Training, signposting resources and support to work towards our 'Carer Friendly Organisation' Quality Mark, all of which are completely free to yourself and your team.

To sign up to one of our upcoming free on line Community Carer Awareness Training sessions please click on one of the Eventbrite links below. Training lasts approximately 50 mins, and is the first step towards your organisation being recognised across Nottinghamshire as 'Carer Friendly'.

Wednesday 15<sup>th</sup> November 10am – [Click here](#)

Monday 4<sup>th</sup> December 2pm – [Click here](#)

To find out more about Nottinghamshire Carers Association head to [www.nottinghamshirecarers.co.uk](http://www.nottinghamshirecarers.co.uk) or email info@nottinghamshirecarers.co.uk.