# **Inspire Learning**

Nottinghamshire



**Community & Online Courses for Adults** 

**JANUARY - APRIL 2022 Grow • Learn • Achieve** 

inspireculture.org.uk/learning | 01623 677 200 | learning@inspireculture.org.uk | f | InspireLearningSkills | | @Learn\_Inspire











# New year, new skills for the whole family!

Welcome to our Spring 2022 course guide packed with hundreds of inspiring courses for work, life and leisure.

FREE\* and low cost courses

You'll find community and family learning courses and funded accredited courses for adults aged 19+ as well as college courses for young people aged 16-24.

Our community and family learning courses are held at your local library or community venue, and because we want to make sure as many people as possible can access our fantastic courses, we also offer many courses online, so you can join from the comfort of your own home, via Zoom.

Courses are short enough to try something new without a huge commitment. They're informal, fun and friendly, and you don't need any skills or qualifications to take part.

#### **Our course costs**

#### Family learning courses are free.

Community learning courses are £4.50 per hour, or free\* if you're eligible and in receipt of certain benefits (you'll need to show evidence when you enrol).

Accredited funded courses for adults are fully or part funded\* depending on circumstances.

You may need materials for some courses, details will be given at the time of booking or at the first session.

Payment should be made in full at the time of booking online or over the phone, unless you qualify for a free place.

Once you have booked your place, please make sure you complete our e-enrolment form prior to the start of your course, to confirm your place.

\*Certain eligibility criteria apply, please see our website for full details inspireculture.org.uk/fundingyourcourse

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#### **DID YOU KNOW?**

Printing and photocopying services at your local library (charges apply), as well as free WiFi, internet access and bookable computers are available.



#### How to book

## Book your place online 24 hours a day, 7 days a week at inspireculture.org.uk/learning

You can also call Ask Inspire on 01623 677 200. Our opening times are Monday to Friday 9am – 6pm and Saturday 9am – 4pm.

Our offices will be closed Friday 25 December until Tuesday 4 January 2022.

## Get online with Inspire Culture, Learning and Libraries

We want to help remove any barriers to you joining our courses, that's why we have bookable computers in a number of our libraries for you to access our learning, if you're not able to do so from home. If needed, we can also offer practical support to access your online course. Please get in touch to find out more or to ask for help.

Use your library to support your learning with bookable computers, free WiFi and quiet study spaces

#### **DID YOU KNOW?**

...we have a range of computer, IT and digital skills courses available? If you don't already have an IT qualification you can study with us for FREE towards an Essential Digital Skills Qualification. See page 11 for details.

"It's great to do something creative and out of the ordinary. It's getting together with friends, socialising, and learning something at the same time."

**Learner, Indian Block Printing Course** 



Ashfield	Start Date	End Date	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Calligraphy for Beginners	17/01/22	14/02/22	13:30	15:30	Mon	Kirkby-in-Ashfield Library	£45.00
Calligraphy for Beginners	18/01/22	15/02/22	13:00	15:00	Tue	St John's Church Hall, Hucknall	
Crochet for Beginners	18/01/22	08/02/22	18:00	20:00	Tue	Eastbourne House, Sutton	£36.00
Crochet - Granny Squares	19/01/22	09/02/22	13:00	15:00	Wed	Sutton-in-Ashfield Library	£36.00
Crochet for Beginners	19/01/22	09/02/22	10:00	12:00	Wed	Sutton-in-Ashfield Library	£36.00
Crochet for Beginners - Next Steps	22/02/22	29/03/22	18:00	20:00	Tue	Eastbourne House, Sutton	£54.00
Crochet: Granny Squares - Next Steps	23/02/22	30/03/22	13:00	15:00	Wed	Sutton-in-Ashfield Library	£54.00
Crochet for Beginners - Next Steps	23/02/22	30/03/22	10:00	12:00	Wed	Sutton-in-Ashfield Library	£54.00
Macrame for Beginners	12/03/22	26/03/22	10:00	12:00	Sat	Hucknall Library	£27.00
CREATIVE WRITING AND LITER	RATURE						
Creative Writing Investigating Genre	21/02/22	21/03/22	09:30	11:30	Mon	Hucknall Library	£45.00
EMPLOYABILITY AND COMPUT	ING						
Laptops for Beginners - How to set-up, wi-fi and email	01/03/22	22/03/22	13:30	15:30	Tue	Kirkby-in-Ashfield Library	FREE
Laptops for Beginners - How to set-up, wi-fi and email	01/03/22	22/03/22	09:30	11:30	Tue	Sutton-in-Ashfield Library	FREE
Internet Safety for Seniors	01/03/22	08/03/22	09:30	11:30	Tue	Kirkby-in-Ashfield Library	FREE
Photo Editing	22/03/22	29/03/22	09:30	11:30	Tue	Kirkby-in-Ashfield Library	FREE
FAMILY LEARNING Makaton Signing for Babies Sherwood Forest's Bugs and Birds	13/01/22 5 17/02/22	10/02/22 17/02/22	10:00	11:30 12:00	Thur Thur	St John's Church Hall, Hucknall King's Mill Reservoir	FREE FREE
HEALTH AND WELLBEING	·						
Reiki Refresher	21/01/22	21/01/22	10:30	14:30	Fri	Sutton-in-Ashfield Library	£18.00
Meditation and Mudras	22/01/22	19/02/22	10:30	12:30	Sat	Sutton-in-Ashfield Library	£45.00
Reiki Refresher	28/01/22	28/01/22	10:30	14:30	Fri	Hucknall Library	£18.00
History of Reiki	04/03/22	04/03/22	10:30	14:30	Fri	Sutton-in-Ashfield Library	£18.00
Exploring Egypt through History and Meditation	05/03/22	02/04/22	10:30	12:30	Sat	Sutton-in-Ashfield Library	£45.00
History of Reiki	11/03/22	11/03/22	10:30	14:30	Fri	Hucknall Library	£18.00
SCIENCE, TECHNOLOGY AND E	ENGINEERII	NG					
Happy Heart for Health	12/02/22	12/02/22	10:00	14:00	Sat	Sutton-in-Ashfield Library	£18.00
Bletchley Code Breakers	15/03/22	15/03/22	09:30	11:30	Tue	Kirkby-in-Ashfield Library	£9.00
Bassetlaw	Start Date	End Date	From	То	Day	Venue	Cost
ARTS AND CRAFTS		. , .			_	W. I. I.	•
Crochet for Absolute Beginners	18/01/22	01/02/22	10:00	12:00	Tue	Worksop Library	£27.00
Crochet for Absolute Beginners	26/01/22	09/02/22	13:00	15:00	Wed	Retford Library	£27.00
Macrame - Getting Knotted in Nottinghamshire	30/01/22	13/02/22	12:30	14:30	Sun	Worksop Library	£27.00
Patchwork for Beginners	25/02/22	25/03/22	10:00	12:00	Fri	Worksop Library	£45.00
Patchwork for Beginners	25/02/22	25/03/22	13:30	15:30	Fri	Retford Library	£45.00
Indian Block Printing	27/02/22	13/03/22	12:30	14:30	Sun	Worksop Library	£27.00
Macrame for Beginners	14/03/22	28/03/22	13:00	15:00	Mon	Retford Library	£27.00
Book Craft	20/03/22	03/04/22	12:30	14:30	Sun	Worksop Library	£27.00

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Laptops for Beginners -	20/01/22	10/02/22	13:30	15:30	Thur	Worksop Library	FREE
How to set-up, wi-fi and email						. , ,	
Be Your Own Life Coach	14/01/22	28/01/22	13:30	15:30	Fri	Retford Library	£27.00
Photo Editing	26/01/22	02/02/22	13:00	15:00	Wed	Worksop Library	FREE
nternet Safety for Seniors	26/01/22	02/02/22	10:00	12:00	Wed	Worksop Library	FREE
ind Maths, English and ICT qualificati	ions on page 1	1.					
FAMILY LEARNING							
Animation	26/01/22	02/02/22	16:00	17:00	Wed	Worksop Library	FREE
MUSIC							
Guitar for Beginners - Next Step	<b>s</b> 19/01/22	30/03/22	13:00	14:00	Wed	Worksop Library	£45.0
Broxtowe	Start Date	End Date	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Bobbin Lace Making	21/01/22	04/02/22	10:00	12:00	Fri	Beeston Library	£27.00
ndian Block Printing	28/01/22	11/02/22	14:00	16:00	Fri	Dora Phillips Hall, Eastwood	£27.00
Flower Arranging - Eco Friendly	07/02/22	07/02/22	10:00	15:00	Mon	Beeston Library	£20.2
Art History for Beginners	21/02/22	21/03/22	13:30	15:30	Mon	Eastwood Volunteer Bureau	£45.0
Flower Arranging - Spring Flower	<b>s</b> 21/02/22	21/03/22	10:00	12:00	Mon	Beeston Library	£45.0
Spring Crafting	24/02/22	17/03/22	14:00	16:00	Thur	Dora Phillips Hall, Eastwood	£36.0
Bobbin Lace Making	25/02/22	11/03/22	14:00	16:00	Fri	Dora Phillips Hall, Eastwood	£27.0
Patchwork Blocks	04/03/22	01/04/22	10:00	12:30	Fri	Beeston Library	£56.2
ndoor Photography Fun	29/03/22	29/03/22	10:00	15:00	Tue	Beeston Library	£20.2
CREATIVE WRITING AND LITE	DATURE					,	
Script Writing and Performing	17/01/22	07/02/22	09:30	11:20	Mon	Beeston Library	£36.0
Write to Earn	24/02/22			11:30	Thur	Beeston Library	£45.0
Creative Writing - Short Stories	05/03/22	31/03/22	10:00	12:00 12:00	Sat	Stapleford Library	£45.0 £45.0
creative writing - Short Stories	05/03/22	02/04/22	10.00	12.00	Jai	Stapterord Library	245.0
EMPLOYABILITY AND COMPUT	ΓING						
T Basics	18/01/22	08/02/22	09:30	11:30	Tue	Eastwood Volunteer Bureau	FREE
Photo Editing	21/01/22	28/01/22	10:00	12:00	Fri	Beeston Library	FREE
Photo Editing	09/02/22	09/02/22	10:00	14:00	Wed	Beeston Library	FREE
ESOL - Life in the UK	21/02/22	28/03/22	09:30	12:30	Mon	Beeston Library	FREE
ESOL Book Club	22/02/22	29/03/22	09:30	11:30	Tue	Beeston Library	FREE
Laptops for Beginners - How to set-up, wi-fi and email	03/03/22	24/03/22	13:30	15:30	Thur	Stapleford Library	FREE
Find Maths, English and ICT qualificati	ions on page 1	1.					
FAMILY LEARNING							
101 Ways to Keep Your Child Active	04/03/22	01/04/22	13:30	14:30	Fri	Beeston Library	FREE
HEALTH AND WELLBEING							
Yoga and Wellbeing for Beginners	20/01/22	10/02/22	13:00	15:00	Thur	Beeston Library	£36.0
Reiki Refresher	11/02/22	11/02/22	10:30	14:30	Fri	Beeston Library	£18.0
Healthy Eating - Reducing the Risk of Type 2 Diabetes	22/02/22	08/03/22		12:00	Tue	Beeston Library	£27.00
Meal Planning on a Budget	22/02/22	08/03/22	10:00	12:00	Tue	Eastwood Volunteer Bureau	£27.0
Get Fit and Flexible	24/02/22	24/03/22	13:30	15:00	Thur	Beeston Library	£33.7
History of Reiki	25/02/22	25/02/22	10:30	14:30	Fri	Beeston Library	£18.0
							£18.0
Meditation for Health and Wellbeing	25/03/22	25/03/22	10:00	14:00	Fri	Eastwood Volunteer Bureau	£1

Courses in Broxtowe cont'd							
SCIENCE, TECHNOLOGY AND E							
Happy Heart for Health	23/03/22	30/03/22	13:00	15:00	Wed	Beeston Library	£18.0
SOCIAL SCIENCES AND HUMAI	NITIES						
Society and Social Interaction - What's it all about?	23/02/22	09/03/22	13:00	15:00	Wed	Beeston Library	£27.0
Gedling							
dealing	Start Date	End Date	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Book Craft	28/01/22	11/02/22	18:00	20:00	Fri	Arnold Library	£27.0
Patchwork for Beginners	22/02/22	22/03/22	10:30	12:30	Tue	Calverton Village Hall	£45.0
Indian Block Printing	25/02/22	11/03/22	18:00	20:00	Fri	Arnold Library	£27.0
Macrame - Getting Knotted in Nottinghamshire	18/03/22	01/04/22	18:00	20:00	Fri	Arnold Library	£27.0
CREATIVE WRITING AND LITER		/ /	.0.00		\\/ /l	Americal I. Henry	6-0
Script Writing and Performing	19/01/22	09/02/22	18:00	20:00	Wed	Arnold Library	£36.0
Creative Writing - Investigating Genre	23/02/22	23/03/22	18:00	20:00	Wed	Arnold Library	£45.0
Exploring Literary Locations	10/03/22	31/03/22	13:00	14:30	Thur	Mapperley Library	£27.0
EMPLOYABILITY AND COMPUT	INC						
Internet Safety	20/01/22	27/01/22	09:30	11:30	Thur	Gedling Library	FRE
Laptops for Beginners:	26/01/22	09/03/22	09:30	10:30	Wed	The Core Centre, Calverton	FRE
How to set-up, wi-fi and email	207 017 22			10.50	wca		
Internet Safety for Seniors	17/03/22	24/03/22	09:30	11:30	Thur	Ravenshead Library	FRE
Excel for Beginners	23/03/22	30/03/22	13:00	15:00	Wed	Arnold Library	FRE
Internet Safety for Seniors	23/03/22	30/03/22	10:00	12:00	Wed	Arnold Library	FRE
Find Maths, English and ICT qualification	ons on page 1:	1.					
FAMILY LEARNING	00 /04 /00	04 /00 /00	1 4:00	15:00	Tla	Caalling at Lilayrays	
Early Years Music Making	20/01/22	31/03/22	14:00	15:00	Thur	Gedling Library	FRE
Makaton Signing for Babies	22/02/22	22/03/22	10:00	11:30	Tue	Arnold Library	FRE
Vlogging	24/02/22	31/03/22	16:30	17:30	Thur	Arnold Library	FRE
NOTTINGHAMSHIRE							
The History of	29/03/22	29/03/22	10:00	12:00	Tue	Arnold Library	£9.0
Nottinghamshire Lace							
Mansfield	Start Date	End Date	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Crochet for Beginners	20/01/22	10/02/22	13:00	15:00	Thur	Mansfield Central Library	£36.0
Crochet - Seasonal Designs	20/01/22	10/02/22	10:00	12:00	Thur	Mansfield Central Library	£36.
Calligraphy Next Steps - Gothic and Uncial	21/01/22	11/02/22	13:00	15:00	Fri	Mansfield Central Library	£36.
Macrame for Beginners	28/01/22	11/02/22	10:00	12:00	Fri	Mansfield Central Library	£27.0
Book Craft	29/01/22	12/02/22	13:00	15:00	Sat	Mansfield Central Library	£27.0
Indian Block Printing	29/01/22	12/02/22	10:00	12:00	Sat	Mansfield Central Library	£27.0
Sugar Craft - Seasonal Flowers	21/02/22	28/03/22	10:00	12:00	Mon	Mansfield Central Library	£54.0
Macrame for Beginners	22/02/22	08/03/22	10:00	12:00	Tue	Mansfield Woodhouse Library	£27.0
Flower Arranging - Spring Flowers	24/02/22	24/03/22	14:00	16:00	Thur	Mansfield Central Library	£36.
Crochet - Tunisian for Beginners	24/02/22	31/03/22	13:00	15:00	Thur	Mansfield Central Library	£54.
Crochet - Spring Designs	24/02/22	31/03/22	10:00	12:00	Thur	Mansfield Central Library	£54.
Creative Crafts	15/03/22	29/03/22	10:00	12:00	Tue	Mansfield Woodhouse Library	£27.0
EMPLOYABILITY AND COMPUT	ING						
Chat Online with Zoom - A Step-by-Step Guide	10/02/22	10/02/22	10:00	11:30	Thur	Mansfield Woodhouse Library	FRE
Bookkeeping - Next Steps	21/02/22	14/03/22	13:00	15:00	Mon	Mansfield Central Library	£36.
Doorwooding - Heat Steps	L11 OC1 CC	14, 03, 22	13.00	15.00	171011	Manisheta Centrat Library	۷,٥٥,٥

**Spring Poetry** 

Internet Safety for Seniors	23/02/22	02/03/22	10:00	12:00	Wed	Mansfield Central Library	FREE
Scrabble for English (ESOL)	24/02/22	31/03/22	10:30	12:00	Thur	Mansfield Central Library	FREE
Email Basics: Setting up, sending, receiving and attaching	03/03/22	03/03/22	10:00	11:30	Thur	Mansfield Woodhouse Library	FREE

sending, receiving and attaching											
Find Maths, English and ICT qualificat	ions on page 1:	1.									
FAMILY LEARNING											
Early Years Music Making	21/01/22	01/04/22	10:30	11:30	Fri	Mansfield Central Library	FREE				
Baby Massage for Babies 8 weeks to mobile	09/03/22	30/03/22	10:00	11:30	Wed	Mansfield Central Library	FREE				
HEALTH AND WELLBEING											
Reiki 1	17/01/22	07/02/22	10:00	12:00	Mon	Mansfield Central Library	£36.00				
Reiki 2	17/01/22	07/02/22	13:00	15:00	Mon	Mansfield Central Library	£36.00				
Reiki 2	21/02/22	28/03/22	10:00	12:00	Mon	Mansfield Central Library	£54.00				
Indian Head Massage	21/02/22	28/03/22	13:00	15:00	Mon	Mansfield Central Library	£54.00				
MUSIC											
Guitar and Ukulele for Beginner	r <b>s</b> 05/02/22	02/04/22	10:00	11:00	Sat	Mansfield Central Library	£40.50				
SOCIAL SCIENCES AND HUMA	NITIES										
Bletchley Code Breakers	23/02/22	23/02/22	13:00	15:00	Wed	Mansfield Central Library	£9.00				

New Inspire Centre to open in Newark Inspire is opening a new centre in Spring 2022 at The Buttermarket in Newark town centre. This will be in addition to Newark library. We want to offer more learning courses and creative activities and would like your views on the types of courses and activities you would take part in.

Wed Southwell Library

Please visit **inspireculture.org.uk/learningsurvey** to tell us your ideas, and sign up to receive the latest Buttermarket news and updates at **inspireculture.org.uk/newsletter** 

### Newark & Sherwood

Snerwood	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Jewellery Making for Beginners	18/01/22	08/02/22	10:00	12:00	Tue	Edwinstowe Library	£36.00
Needle Felting - Birds	19/01/22	19/01/22	13:00	16:00	Wed	Southwell Library	£13.50
Jewellery Making for Beginners	19/01/22	09/02/22	10:00	12:00	Wed	Southwell Library	£36.00
Crochet for Beginners	21/01/22	11/02/22	10:00	12:00	Fri	Edwinstowe Library	£36.00
Macrame for Beginners	25/01/22	08/02/22	10:00	12:00	Tue	Southwell Library	£27.00
Needle Felting - Flowers	26/01/22	26/01/22	13:00	16:00	Wed	Southwell Library	£13.50
Mindfulness, Journalling and Nature	27/01/22	10/02/22	13:30	15:30	Thur	Rainworth Social Action Hub	FREE
Needle Felting - Sheep	02/02/22	02/02/22	13:00	16:00	Wed	Southwell Library	£13.50
Needle Felting - Hearts	09/02/22	09/02/22	13:00	16:00	Wed	Southwell Library	£13.50
Needle Felting - Spring Designs	24/02/22	17/03/22	13:00	15:00	Thur	Newark Library	£36.00
Flower Arranging - Spring Flowers	24/02/22	24/03/22	10:00	12:00	Thur	Southwell Library	£36.00
Crochet for Beginners - Next Steps	25/02/22	01/04/22	10:00	12:00	Fri	Edwinstowe Library	£54.00
Bobbin Lace Making	03/03/22	17/03/22	10:00	12:00	Thur	Southwell Library	£27.00
Paper Crafts	09/03/22	30/03/22	13:00	15:00	Wed	Southwell Library	£36.00
Needle Felting - Spring Designs	09/03/22	30/03/22	10:00	12:00	Wed	Southwell Library	£36.00
Book Craft	10/03/22	24/03/22	18:00	20:00	Thur	Newark Library	£27.00
Indian Block Printing	18/03/22	01/04/22	13:00	15:00	Fri	Southwell Library	£27.00
Jewellery Making for Beginners	24/03/22	31/03/22	13:00	15:00	Thur	Newark Library	£18.00
<b>CREATIVE WRITING AND LITER</b>	ATURE						
Words and Pictures	27/01/22	10/02/22	13:00	15:00	Thur	Newark Library	£27.00
Exploring the Senses	23/02/22	23/03/22	10:00	12:00	Wed	Southwell Library	£45.00

15:00

13:00

09/03/22 23/03/22

£27.00

	INIC						
EMPLOYABILITY AND COMPUTI Chat Online with Zoom:	20/01/22	20/01/22	10:00	11:30	Thur	Edwinstowe Library	FREE
A Step-by-Step Guide						•	
imail Basics: Setting up, sending, eceiving and attaching	27/01/22	27/01/22	10:00	11:30	Thur	Edwinstowe Library	FREE
evel 1 Award in Volunteering	24/02/22	31/03/22	10:00	12:00	Thur	Newark Library	FREE
ind Maths, English and ICT qualificatio	ons on page 11	L.					
IEALTH AND WELLBEING							
ndian Head Massage	21/01/22	11/02/22	13:00	15:00	Fri	Edwinstowe Library	£36.0
Complementary Therapies or Personal Use	25/02/22	01/04/22	13:00	15:00	Fri	Edwinstowe Library	£54.0
lealthy Eating - Reducing the lisk of Type 2 Diabetes	15/03/22	29/03/22	18:00	20:00	Tue	Newark Library	£27.00
OCIAL SCIENCES AND HUMAN	NITIES						
rena Sendler - Ieroine and Teacher	29/01/22	29/01/22	13:00	15:00	Sat	Newark Library	£9.00
Handwriting Analysis - An Introduction	12/02/22	12/02/22	10:00	12:00	Sat	Southwell Library	£18.00
Rushcliffe	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Aacrame for Beginners	27/01/22	10/02/22	13:00	15:00	Thur	West Bridgford Library	£27.0
ndian Block Printing	27/01/22	10/02/22	10:00	12:00	Thur	Bingham Library	£27.0
lower Arranging - Spring Flowers	21/02/22	21/03/22	14:00	16:00	Mon	West Bridgford Library	£45.0
rochet for Beginners	03/03/22	31/03/22	10:00	12:00	Thur	Bingham Library	£45.0
CREATIVE WRITING AND LITER	ATURE						
xploring Literary Locations	23/02/22	16/03/22	13:30	15:00	Wed	West Bridgford Library	£27.0
Poetry in a Day - Sound and Sense		26/02/22	10:30	15:30	Sat	West Bridgford Library	£20.2
Percy Bysshe Shelley: Work, Life and Love - An Introduction		02/04/22	10:30	12:30	Sat	West Bridgford Library	£36.0
and Love 7 an introduction							
	ING						
EMPLOYABILITY AND COMPUTI		02/02/22	10:00	12:00	Wed	West Bridgford Library	£27.00
MPLOYABILITY AND COMPUT	19/01/22	02/02/22	10:00	12:00 12:00		West Bridgford Library West Bridgford Library	
EMPLOYABILITY AND COMPUT Be Your Own Life Coach nternet Safety for Seniors	19/01/22 09/03/22	16/03/22			Wed Wed		
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification	19/01/22 09/03/22	16/03/22					
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad	19/01/22 09/03/22 ons on page 12	16/03/22			Wed		FREE
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING Gut Health - The Good, The Bad and The Ugly	19/01/22 09/03/22 ons on page 12	16/03/22 L	10:00	12:00	Wed	West Bridgford Library	FREE £27.00
Re Your Own Life Coach Internet Safety for Seniors Interne	19/01/22 09/03/22 ons on page 12 19/01/22	16/03/22 L 02/02/22	13:00	12:00	Wed Wed Mon	West Bridgford Library  West Bridgford Library	£27.0 £24.7
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes	19/01/22 09/03/22 ons on page 12 19/01/22 07/02/22	16/03/22 L 02/02/22 07/02/22	13:00	12:00 15:00 16:00	Wed Wed Mon	West Bridgford Library  West Bridgford Library  West Bridgford Library	£27.0 £24.7
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  ANGUAGES	19/01/22 09/03/22 ons on page 12 19/01/22 07/02/22 16/03/22	16/03/22 02/02/22 07/02/22 30/03/22	10:00 13:00 10:00 13:00	15:00 16:00 15:00	Wed Wed Mon Wed	West Bridgford Library  West Bridgford Library  West Bridgford Library  West Bridgford Library	£27.0 £24.7( £27.0)
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING Gut Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  LANGUAGES talian for Beginners - Part 1	19/01/22 09/03/22 ons on page 12 19/01/22 07/02/22 16/03/22	16/03/22 L 02/02/22 07/02/22 30/03/22	10:00 13:00 10:00 13:00	12:00 15:00 16:00 15:00	Wed Wed Mon Wed	West Bridgford Library	£27.00 FREE £27.00 £24.76 £27.00
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING Gut Health - The Good, The Bad Ind The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  LANGUAGES talian for Beginners - Part 1	19/01/22 09/03/22 ons on page 12 19/01/22 07/02/22 16/03/22	16/03/22 02/02/22 07/02/22 30/03/22	10:00 13:00 10:00 13:00	15:00 16:00 15:00	Wed Wed Mon Wed	West Bridgford Library  West Bridgford Library  West Bridgford Library  West Bridgford Library	£27.0 £24.7 £27.0 £45.0
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes LANGUAGES talian for Beginners - Part 1 talian for Beginners - Part 2	19/01/22 09/03/22 09/03/22 19/01/22 07/02/22 16/03/22 21/01/22 25/02/22	16/03/22 02/02/22 07/02/22 30/03/22 18/02/22 01/04/22	10:00 13:00 10:00 10:00 10:00	15:00 16:00 15:00 12:00	Wed Wed Mon Wed Fri Fri	West Bridgford Library	£27.00 £24.7( £27.00 £45.0 £54.0
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  LANGUAGES talian for Beginners - Part 1 talian for Beginners - Part 2	19/01/22 09/03/22 09/03/22 19/01/22 07/02/22 16/03/22 21/01/22 25/02/22	16/03/22 02/02/22 07/02/22 30/03/22 18/02/22 01/04/22	10:00 13:00 10:00 13:00	12:00 15:00 16:00 15:00	Wed Wed Mon Wed	West Bridgford Library	£27.00 £24.70 £27.00 £45.00 £54.00
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING Gut Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  LANGUAGES talian for Beginners - Part 1 talian for Beginners - Part 2  SCIENCE, TECHNOLOGY AND E- Happy Heart for Health  SOCIAL SCIENCES AND HUMAN	19/01/22 09/03/22 09/03/22 19/01/22 07/02/22 16/03/22 21/01/22 25/02/22 NGINEERIN 05/03/22	16/03/22  02/02/22  07/02/22  30/03/22  18/02/22  01/04/22  NG  05/03/22	10:00 13:00 10:00 10:00 10:00	12:00 15:00 16:00 15:00 12:00 12:00	Wed  Wed  Mon  Wed  Fri  Fri  Sat	West Bridgford Library  West Bridgford Library	£27.00 £24.70 £27.00 £45.0 £54.0
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING But Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  ANGUAGES talian for Beginners - Part 1 talian for Beginners - Part 2  BCIENCE, TECHNOLOGY AND E- Happy Heart for Health  SOCIAL SCIENCES AND HUMAN Handwriting Analysis -	19/01/22 09/03/22 09/03/22 19/01/22 07/02/22 16/03/22 21/01/22 25/02/22 NGINEERIN 05/03/22	16/03/22 02/02/22 07/02/22 30/03/22 18/02/22 01/04/22	10:00 13:00 10:00 10:00 10:00	15:00 16:00 15:00 12:00	Wed Wed Mon Wed Fri Fri	West Bridgford Library	£27.00 £24.79 £27.00 £45.0 £54.0
EMPLOYABILITY AND COMPUTE Be Your Own Life Coach Internet Safety for Seniors Find Maths, English and ICT qualification HEALTH AND WELLBEING Gut Health - The Good, The Bad and The Ugly Beauty Therapy and Wellbeing Healthy Eating - Reducing the Risk of Type 2 Diabetes  LANGUAGES talian for Beginners - Part 1 talian for Beginners - Part 2  SCIENCE, TECHNOLOGY AND E- Happy Heart for Health	19/01/22 09/03/22 09/03/22 19/01/22 07/02/22 16/03/22 21/01/22 25/02/22 NGINEERIN 05/03/22	16/03/22   02/02/22  07/02/22  30/03/22  18/02/22  01/04/22  NG  05/03/22	10:00 13:00 10:00 10:00 10:00	12:00 15:00 16:00 15:00 12:00 12:00	Wed  Wed  Mon  Wed  Fri  Fri  Sat	West Bridgford Library  West Bridgford Library	£27.00 £24.75 £27.00

Online Courses	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
ARTS AND CRAFTS							
Floral Painting in Acrylic	18/01/22	08/02/22	15:30	17:30	Tue	ONLINE	£36.00
Art Explored	19/01/22	09/02/22	10:00	12:00	Wed	ONLINE	£36.00
Semi-Abstract Landscape Painting	20/01/22	10/02/22	15:30	17:30	Thur	ONLINE	£36.00
Art Explored	21/02/22	14/03/22	10:00	12:00	Mon	ONLINE	£36.00
Experimental Painting in Acrylic	22/02/22	22/03/22	15:30	17:30	Tue	ONLINE	£45.00
Origami for Beginners	24/02/22	10/03/22	18:30	19:30	Thur	ONLINE	£13.50
Mixed Media Collage	24/02/22	24/03/22	15:30	17:30	Thur	ONLINE	£45.00
Quilling for Beginners	17/03/22	31/03/22	18:30	20:00	Thur	ONLINE	£20.25
CREATIVE WRITING AND LITERATURE	/ /	00 (00 (00			<b>T</b>	ONILINIE	C== 0.0
Spring Poetry	25/01/22	08/02/22	13:00	15:00	Tue	ONLINE	£27.00
Creative Writing - Words and Pictures	26/01/22	09/02/22	13:00	15:00	Wed	ONLINE	£27.00
Poetry for Beginners	26/01/22	09/02/22	10:00	11:30	Wed	ONLINE	£20.50
Creative Writing - Crime Writing	05/02/22	26/02/22	10:30	12:00	Sat	ONLINE	£27.00
Creative Writing - Poetry in Motion	18/03/22	18/03/22	10:00	12:00	Fri	ONLINE	£9.00
EMPLOYABILITY AND COMPUTING							
Introduction to Functional Skills English	11/01/22	01/02/22	09:30	11:30	Tue	ONLINE	FREE
Getting to Grips with an Online Course	12/01/22	12/01/22	13:30	15:00	Wed	ONLINE	FREE
Business Start-Up	18/01/22	08/02/22	10:00	12:00	Tue	ONLINE	£36.00
Understanding the Digital World	19/01/22	19/01/22	09:30	11:30	Wed	ONLINE	FREE
Excel for Work: Improve your Skills	19/01/22	09/02/22	19:00	20:30	Wed	ONLINE	£27.00
Blogging for Beginners	21/01/22	04/02/22	18:00	19:00	Fri	ONLINE	£13.50
Photo Editing	04/02/22	11/02/22	10:00	12:00	Fri	ONLINE	FREE
Basics to Shopping Online	08/02/22	08/02/22	09:30	11:30	Tue	ONLINE	FREE
Excel for Work: Improve your Skills	22/02/22	15/03/22	18:30	20:00	Tue	ONLINE	£27.00
Excel: Formulas, Formatting and Functions	25/02/22	18/03/22	10:00	12:00	Fri	ONLINE	£36.00
Internet Search Techniques: Top Tips	28/02/22	28/02/22	13:00	15:00	Mon	ONLINE	FREE
Excel for Beginners	04/03/22	11/03/22	09:30	11:30	Fri	ONLINE	FREE
PowerPoint for Beginners	18/03/22	25/03/22	09:30	11:30	Fri	ONLINE	FREE
Find Maths, English and ICT qualifications on page 11.		0 10					
FAMILY LEARNING							
Early Years Story Sacks	17/01/22	31/01/22	10:00	11:00	Mon	ONLINE	FREE
Autism - Practical Tips for Parents Part 1	19/01/22	09/02/22	09:30	12:00	Wed	ONLINE	FREE
Autism - Practical Tips for Parents Part 2	19/01/22	09/02/22	18:00	19:30	Wed	ONLINE	FREE
Autism - Practical Tips for Parents Part 2	23/02/22	30/03/22	10:00	12:00	Wed	ONLINE	FREE
HEALTH AND WELLBEING							
Get Fit and Flexible	17/01/22	07/02/22	13:30	15:00	Mon	ONLINE	£27.00
Dream Journals - An Introduction	17/01/22	07/02/22	13:00	14:30	Mon	ONLINE	£27.00
Self Empowerment through Affirmations	17/01/22	07/02/22	10:30	12:00	Mon	ONLINE	£27.00
Gut Health - The Good, the Bad, and the Ugly Healthy Body, Healthy Mind - An Introduction to	18/01/22 18/01/22	01/02/22	18:00	20:00	Tue	ONLINE ONLINE	£27.00
Healthy Living 1	18/01/22	01/02/22	12:30	14:30	Tue	ONLINE	£27.00
Mindfulness - A Focus on the Senses	18/01/22	08/02/22	13:00	15:00	Tue	ONLINE	£36.00
Meditation for Health and Wellbeing	18/01/22	08/02/22	10:00	12:00	Tue	ONLINE	£36.00
Breathing Techniques for Health and Wellbeing	18/01/22	08/02/22	13:00	14:30	Tue	ONLINE	£27.00
Mandalas and Meditation	18/01/22	08/02/22	10:30	12:00	Tue	ONLINE	£27.00
New Year New You	19/01/22	09/02/22	10:00	12:00	Wed	ONLINE	£36.00
Eco-Living - An Introduction	19/01/22	09/02/22	10:00	12:00	Wed	ONLINE	£36.00
Personal Development and Life Coaching	20/01/22	24/02/22	13:00	15:00	Thur	ONLINE	£54.00
Reiki Awareness	21/02/22	14/03/22	13:00	14:30	Mon	ONLINE	£27.00
Science of Compassion and Gratitude	21/02/22	14/03/22	10:30	12:00	Mon	ONLINE	£27.00
Healthy Body, Healthy Mind -	22/02/22	08/03/22	12:30	14:30	Tue	ONLINE	£27.00
An Introduction to Healthy Living 2							

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<b>Online Courses</b>	Start Date	End Date	From	То	Day	Venue	Cost
HEALTH AND WELLBEING (CONTINUED)							
Mindset for Success	22/02/22	15/03/22	13:00	14:30	Tue	ONLINE	£27.00
Mindfulness: A Focus on the Senses - Next Steps	22/02/22	29/03/22	13:00	15:00	Tue	ONLINE	£54.00
Health and Wellbeing Explored	22/02/22	15/03/22	10:30	12:00	Tue	ONLINE	£27.00
Through the History of Ancient Cultures							
Meditation for Health and Wellbeing - Next Steps	22/02/22	29/03/22	10:00	12:00	Tue	ONLINE	£54.00
Healthy Eating - Reducing the Risk of Type 2 Diabetes	25/02/22	11/03/22	18:00	20:00	Fri	ONLINE	£27.00
Gut Health - The Good, the Bad and the Ugly	17/03/22	31/03/22	18:00	20:00	Thur	ONLINE	£27.00
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LANGUAGES							
Italian for Beginners - Part 2	17/01/22	14/02/22	14:00	16:00	Mon	ONLINE	£45.00
Spanish - Intermediate Part 2	17/01/22	28/03/22	14:30	15:30	Mon	ONLINE	£45.00
Italian for Beginners - Part 1	19/01/22	16/02/22	14:00	16:00	Wed	ONLINE	£45.00
Spanish for Beginners - Next Steps	19/01/22	31/03/22	18:30	19:30	Wed	ONLINE	£45.00
Spanish - Intermediate Part 2	20/01/22	31/03/22	09:30	10:30	Thur	ONLINE	£45.00
Italian for Beginners Part 3	21/02/22	28/03/22	14:00	16:00	Mon	ONLINE	£54.00
German for Beginners	22/02/22	29/03/22	17:00	18:00	Tue	ONLINE	£27.00
Italian for Beginners - Part 2	23/02/22	30/03/22	14:00	16:00	Wed	ONLINE	£54.00
German - Next Steps	24/02/22	31/03/22	17:00	18:00	Thur	ONLINE	£27.00
MUSIC							
Music Theory for Beginners	18/01/22	29/03/22	18:00	19:00	Tue	ONLINE	£45.00
Keyboard for Beginners	18/01/22	29/03/22	17:00	18:00	Tue	ONLINE	£45.00
Guitar for Beginners	19/01/22	30/03/22	17:30	18:30	Wed	ONLINE	£45.00
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NOTTINGHAMSHIRE							
The History of Nottinghamshire Fashion and Textiles	20/01/22	27/01/22	10:30	12:00	Thur	ONLINE	£13.50
SCIENCE, TECHNOLOGY AND ENGINEERING							
Anatomy and Physiology - How the Body Works	17/01/22	07/02/22	10:00	12:30	Mon	ONLINE	FREE
The Periodic Table of Elements	27/01/22	27/01/22	09:30	12:30	Thur	ONLINE	FREE
<b>Ecology and Ecosystems</b>	03/02/22	03/02/22	09:30	12:30	Thur	ONLINE	FREE
Cell Biology	10/02/22	10/02/22	09:30	12:30	Thur	ONLINE	FREE
Anatomy and Physiology - How the Body Works	23/02/22	16/03/22	10:00	12:00	Wed	ONLINE	FREE
Introduction to Electricity	24/02/22	24/02/22	09:30	12:30	Thur	ONLINE	FREE
Light and the Human Eye	03/03/22	03/03/22	09:30	12:30	Thur	ONLINE	FREE
Introduction to Engineering	10/03/22	10/03/22	09:30	12:30	Thur	ONLINE	FREE
Introduction to Geology	17/03/22	17/03/22	09:30	12:30	Thur	ONLINE	FREE
Light and Photosynthesis	24/03/22	24/03/22	09:30	12:30	Thur	ONLINE	FREE
SOCIAL SCIENCES AND HI IMANITIES							
SOCIAL SCIENCES AND HUMANITIES Handwriting Analysis for Beginners	18/01/22	15/02/22	10:00	12:00	Tue	ONLINE	£45.00
British Government - How it all Works	18/01/22	08/02/22	18:30	20:00	Tue	ONLINE	£45.00 £27.00
Handwriting Analysis for Beginners	19/01/22	16/02/22	18:30	20:30	Wed	ONLINE	£27.00
Body Language - How to Read People	20/01/22	10/02/22	18:30	19:30	Thur	ONLINE	£45.00
The History of the Corset	03/02/22	10/02/22	10:30	12:00	Thur	ONLINE	£13.50
Handwriting Analysis for Beginners	22/02/22	22/03/22	10:30	12:00	Tue	ONLINE	£45.00
The History of Fashion	22/02/22	22/03/22	10:30	12:00	Tue	ONLINE	£33.75
Healthy Body, Healthy Mind -	22/02/22	08/03/22	12:30	14:30	Tue	ONLINE	£27.00
An Introduction to Healthy Living 2	LL1 UC1 LL	00/03/22	12.30	14.30	iue	OINLIINL	227.00
Handwriting Analysis for Beginners	23/02/22	23/03/22	18:30	20:30	Wed	ONLINE	£45.00
Bletchley Code Breakers	25/02/22	25/02/22	09:30	11:30	Fri	ONLINE	£9.00
Evolutionary Psychology - An Introduction	05/03/22	19/03/22	11:00	12:00	Sat	ONLINE	£13.50
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#### **Functional Skills**

Maths	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
Functional Skills Maths	22/02/22	19/07/22	09:30	12:30	Tue	West Bridgford Library	FREE
Functional Skills Maths	22/02/22	19/07/22	10:00	13:00	Tue	ONLINE	FREE
Functional Skills Maths	22/02/22	19/07/22	09:30	12:30	Tue	Worksop Library	FREE
Functional Skills Maths Intensive	22/02/22	18/05/22	18:00	20:00	Wed	ONLINE	FREE
Functional Skills Maths Rolling Programme	Anytime	20/07/22	18:00	20:00	Wed	Kirkby - The Summit Centre	FREE
Functional Skills Maths	22/02/22	18/07/22	09:30	12:30	Tue	Mansfield Central Library	FREE
Functional Skills Maths	24/02/22	21/07/22	09:30	12:30	Thur	Beeston Library	FREE
Functional Skills Maths	24/02/22	21/07/22	09:30	12:30	Thur	Edwinstowe Library	FREE
Functional Skills Maths	25/02/22	22/07/22	09:45	12:45	Fri	Retford Library	FREE

English	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
Introduction to Functional Skills English	11/01/22	01/02/22	09:30	11:30	Tue	ONLINE	FREE
ESOL - Life in the UK	21/02/22	28/03/22	09:30	12:30	Mon	Beeston Library	FREE
Functional Skills English	21/02/22	18/07/22	18:00	20:00	Mon	ONLINE	FREE
Functional Skills English	21/02/22	25/07/22	09:30	11:30	Mon	Bingham Library	FREE
Functional Skills English	21/02/22	25/07/22	09:30	12:30	Mon	Mansfield Central Library	FREE
Functional Skills English	21/02/22	25/07/22	09:30	12:30	Mon	West Bridgford Library	FREE
ESOL Book Club	22/02/22	29/03/22	09:30	11:30	Tue	Beeston Library	FREE
Functional Skills English	22/02/22	12/07/22	10:00	13:00	Tue	ONLINE	FREE
Functional Skills English	23/02/22	20/07/22	13:00	16:00	Wed	Dora Phillips Hall, Eastwood	FREE
Functional Skills English	23/02/22	20/07/22	09:30	12:30	Wed	Worksop Library	FREE
Functional Skills English	24/02/22	14/07/22	10:00	13:00	Thur	ONLINE	FREE
Functional Skills English	24/02/22	21/07/22	09:30	12:30	Thur	St John's Church Hall, Hucknall	FREE
Functional Skills English	24/02/22	21/07/22	09:30	12:30	Thur	Sutton-in-Ashfield Library	FREE
Functional Skills English	24/02/22	21/07/22	13:00	16:00	Thur	Beeston Library	FREE
Scrabble for English (ESOL)	24/02/22	31/03/22	10:30	12:00	Thur	Mansfield Library	FREE

### ICT Level 1 and 2 Qualifications

	Start Date	End Date	From	То	Day	Venue	Cost
ICT Functional Skills Level 2	06/01/22	31/03/22	13:00	15:30	Thur	ONLINE	FREE
ICT Functional Skills Level 2	17/01/22	23/05/22	09:30	12:00	Mon	Mansfield Central Library	FREE
Essential Digital Skills Qualification Level 1	17/01/22	23/05/22	13:00	16:00	Mon	Mansfield Central Library	FREE
Essential Digital Skills Qualification Level 1	18/01/22	24/05/22	13:00	16:00	Tue	Arnold Library	FREE
Essential Digital Skills Qualification Level 1	19/01/22	25/05/22	13:00	16:00	Wed	Beeston Library Library	FREE

#### 19+ Distance Learning – learn online, learn anytime!

Our distance learning programmes for those aged 19+ offer the choice of studying a Level 2 Employability qualification with the added option of Maths, English and/or ICT Functional Skills from entry Level 1 up to Level 2.

This flexible learning option is online, allowing you access to the course anytime that is convenient to you, in the comfort of your own home. Courses are free\* and completed over one or two academic years.

(\*eligibility criteria applies)



#### CASE STUDY: CALEB

"I came to Inspire because I want to get my GCSEs done and move forward to university to study Medicine. It's been a good journey, Maths and English sessions have been really interesting."



#### College courses for 16-24 year olds

Our study programmes and traineeships across Notts prepare young people not only for the world of work and further education but for life!

Choose from Level 1, 2 and 3 AIM Awards or City & Guilds qualifications:

- · Employability and Personal, Social Development
- Hospitality
- IT User Skills
- · Painting and Decorating
- Carpentry and Joinery
- Bricklaying and Construction
- · Health and Social Care

All our courses provide GCSE or Functional Skills in Maths and English as well as Essential Digital Skills Qualifications. Find out more:



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Earn as you

learn up to

£20 per

#### **Access to Higher Education in Health** and Social Care

Our 19+ Access course in Health and Social Care is a fantastic stepping stone if you don't have the qualifications you need to get into university, or you've been out of formal education for some time.

The course runs online and with in-person Functional Skills exams at Beeston and Mansfield libraries.

100% **PASS RATE** 

**Enrolling** now for September 2022!

New for 2022, this course will also run at The Buttermarket. Newark!

We also have links with local universities and can offer a pathway for some students to Nottingham Trent University.

Want to find out more? **Contact our friendly team!** 

## **Help into Training** and Employment





Are you aged 16 or over, unemployed or looking for a career change?

We're proud

of our above

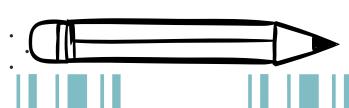
average GCSE resits

You may be eligible for free personalised support with no impact on benefits.

We have a team of expert advisors who can help you with job searches, benefits claims, CVs, job applications, interview skills, volunteering, work placement opportunities, and more!

Get help into training or employment:





# Celebrating our legendary landscape through learning



Check out our free courses celebrating the heritage of Sherwood Forest delivered as part of the fantastic Miner2Major: The Real Sherwood Forest scheme.

	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
Sherwood Forest Habitats - Nature Walks around Warsop	17/01/22	07/02/22	13:30	16:30	Mon	Warsop Parish Centre	FREE
Sherwood Forest Habitats - Nature Walks around Ollerton	17/01/22	07/02/22	10:30	12:30	Mon	Ollerton Library	FREE
Mindfulness, Journalling and Nature	18/01/22	01/02/22	13:00	14:30	Tue	ONLINE	FREE
Caring for Old Buildings	18/01/22	08/02/22	19:00	20:00	Tue	ONLINE	FREE
Map Reading Made Easy	18/01/22	01/02/22	18:00	20:00	Tue	ONLINE	FREE
Sherwood Forest Literature - An Introduction to Byron and DH Lawrence	18/01/22	15/02/22	10:00	12:00	Tue	St John's Church Hall, Hucknall	FREE
Food on Rations - The Ministry of Food, Dig for Victory	19/01/22	02/02/22	10:00	12:00	Wed	ONLINE	FREE
Mindfulness, Journalling and Nature	27/01/22	10/02/22	13:30	15:30	Thur	Rainworth Social Action Hub	FREE
Art History - Countess Manvers of Thoresby Hall	31/01/22	31/01/22	13:00	16:00	Mon	ONLINE	FREE
Mindfulness, Journalling and Nature	03/02/22	17/02/22	10:00	12:00	Thur	Edwinstowe Library	FREE
Nature Conservation - Beginners ID Bird Walk	12/02/22	12/02/22	08:30	11:30	Sat	Rufford Country Park	FREE
Family Learning - Sherwood Forest's Bugs and Birds	17/02/22	17/02/22	10:00	12:00	Thur	King's Mill Reservoir	FREE
Sowing and Growing Techniques - Level 1	18/02/22	25/03/22	10:00	14:00	Fri	ONLINE	FREE
Sherwood Forest Habitats - Nature Walks around Ollerton	21/02/22	14/03/22	10:30	12:30	Mon	Ollerton Library	FREE
Sherwood Forest Habitats - Nature Walks around Warsop	21/02/22	14/03/22	13:30	16:30	Mon	Warsop Parish Centre	FREE
People of Sherwood	22/02/22	29/03/22	13:30	15:30	Tue	ONLINE	FREE
Nature Reminiscence for Adults Living with Memory Issues	22/02/22	22/03/22	13:00	14:30	Tue	Calverton Village Hall	FREE
Needle Felting - Spring Designs	22/02/22	15/03/22	10:00	12:00	Tue	Edwinstowe Library	FREE
Creative Photography for Beginners - Nature	23/02/22	09/03/22	10:00	12:00	Wed	King's Mill Reservoir	FREE
Sherwood Forest Inspired Spring Crafts	23/02/22	30/03/22	13:30	15:30	Wed	Mansfield Central Library	FREE
Map Reading Made Easy - Next Steps	26/02/22	12/03/22	10:00	11:30	Sat	ONLINE	FREE
Embroidery Inspired By Nature	01/03/22	29/03/22	13:30	15:30	Tue	Bestwood Country Park	FREE
Embroidery Inspired By Nature	01/03/22	29/03/22	10:00	12:00	Tue	Newstead Community Centre	FREE
Writing Poetry and Place - with Help From Nottinghamshire Poets	03/03/22	10/03/22	10:00	12:00	Thur	Ravenshead Library	FREE
Creative Photography Intermediate - Heritage	16/03/22	30/03/22	10:00	12:00	Wed	ONLINE	FREE
Sherwood Habitat and Species Walk	25/03/22	25/03/22	10:00	12:00	Fri	Bestwood Country Park	FREE
Sherwood Forest Habitats - Nature Walks around Ollerton	28/03/22	25/04/22	10:30	12:30	Mon	Ollerton Library	FREE
Sherwood Forest Habitats - Nature Walks around Warsop	28/03/22	25/04/22	13:30	16:30	Mon	Warsop Parish Centre	FREE

#### **Accredited Qualification Courses**

Our accredited career-boosting courses available at various levels can give you a head start when it comes to progressing your education or getting a job in your chosen industry.

#### Help with funding available!

Courses at Level 1 and 2 are funded through the Adult Education Budget which means your course could be part or fully funded, depending on your circumstances.

Courses approved by a professional awarding body and recognised by employers.

Free careers advice and guidance available to help you move towards your career aspirations.

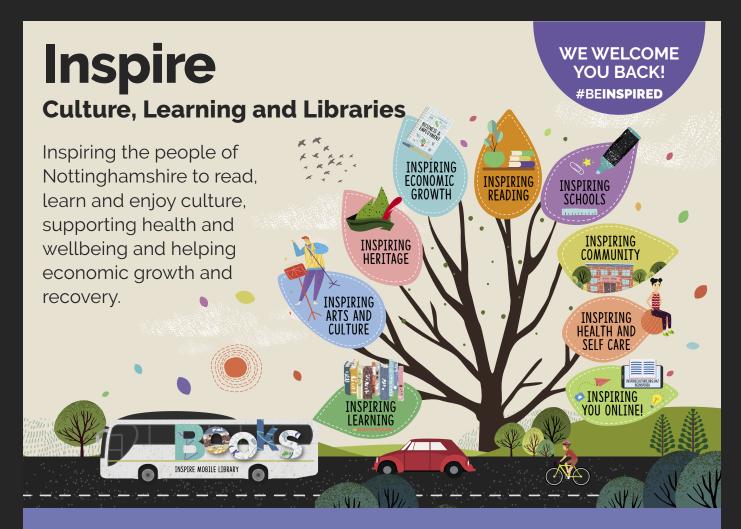
	Start Date	<b>End Date</b>	From	То	Day	Venue	Cost
Certificate in Mental Health Awareness - Level 2	11/01/22	31/03/22	17:00	20:00	Tue & Wed	ONLINE	£325.00
Award in Awareness of Substance Misuse - Level 1	06/01/22	10/02/22	15:00	17:00	Thur	ONLINE	£54.00
Award in Employability Skills - Level 1	17/01/22	08/02/22	10:30	15:30	Mon & Tue	ONLINE	FREE
Award in Education and Training (AET) - Level 3	17/01/22	24/02/22	09:30	12:30	Mon/Thur	ONLINE	£450.00
Certificate in Understanding Autism - Level 2	18/01/22	23/06/22	18:00	21:00	Tue & Thur	ONLINE	£380.00
Effective Coaching and Mentoring - Level 3	25/01/22	12/04/22	16:00	17:30	Tue	ONLINE	£595.00
Award in Assessing Vocationally Related Achievement - Level 3	08/02/22	22/02/22	14:00	18:00	Tue	ONLINE	£750.00
Sowing and Growing Techniques - Level 1	18/02/22	25/03/22	10:00	14:00	Fri	ONLINE	FREE
Award in Nutrition and Health - Level 1	21/02/22	30/03/22	13:00	16:00	Mon & Wed	ONLINE	£96.75
Award in Preparing to Work in Schools - Level 1	21/02/22	30/03/22	09:30	14:30	Mon & Wed	ONLINE	£108.00
Award in Mental Health Awareness - Level 1	22/02/22	29/03/22	10:00	12:00	Tue	ONLINE	£54.00
Award in Awareness of Substance Misuse - Level 1	22/02/22	29/03/22	13:00	15:00	Tue	ONLINE	£54.00
Award in Volunteering - Level 1	22/02/22	29/03/22	18:00	20:00	Tue	ONLINE	FREE
Award in Developing an Enterprise Project - Level 1	23/02/22	30/03/22	10:00	12:00	Wed	ONLINE	£60.75
Award in Awareness of Substance Misuse - Level 1	23/02/22	30/03/22	12:30	14:30	Wed	ONLINE	£54.00
Award in Employability Skills - Level 1	28/02/22	22/03/22	10:30	15:30	Mon & Tue	ONLINE	FREE
Award in Volunteering - Level 1	24/02/22	31/03/22	10:00	12:00	Thur	Newark Library	FREE
Award in Volunteering - Level 1	02/03/22	06/04/22	10:00	12:00	Wed	ONLINE	FREE

### **Open Days!**

Join us at our open days where you can explore your local library, sign up to become a member, find out what's on and be inspired by our fantastic programme of courses for Spring 2022!

Our open days will be running at the following libraries:

- · Arnold Library Wednesday 26 January, 10am 12pm
- Hucknall Library Friday 28 January, 10am 12pm
- Mansfield Central Library Saturday 29 January, 10am 12pm
- · Retford Library Saturday 29 January, 10am 12pm
- Eastwood Library Monday 31 January, 10am 12pm
- Bingham Library Thursday 3 February, 11am 1pm
- Southwell Library Friday 4 February, 10am 12pm



INSPIRING
YOU SAFELY AT
YOUR LOCAL
LIBRARY!

Most of our libraries are now reopen and are ready to welcome you back! Your safety is our priority, so we continue to have measures in place to protect you, including ensuring good ventilation and maintaining regular cleaning.

For up-to-date opening times, visit inspireculture.org.uk/libraries.

We look forward to seeing you soon!







## WHAT'S ON

JANUARY – APRIL 2022

DATE	EVENT	TYPE	LOCATION	£
26 Jan	Inspire Learning Spring programme begins. Browse and b	ook courses at <b>inspire</b>	eculture.org.uk/learning	
Until 22 Feb	Poetry Place	Exhibition	Worksop Library	FREE
Jan - Mar	Adventures in Music	Under 5s	Various Libraries*	FREE
Jan	Lullaby Bank	Under 5s	West Bridgford and Beeston Library	FREE
6 Jan - 15 Feb	The Big Draw 2021: Make The Change - FACES, PLACES	Exhibition	West Bridgford Library	FREE
11 Jan - 15 Feb	Lost Words	Exhibition	Beeston Library	FREE
11 Jan	Family History One-to-One Sessions	Heritage	Online	FREE
13 Jan	Ancestral Quickstep: Your Guide to The 1921 Census	Heritage Talk	Online	£3
19 Jan	Sarah Ward AKA Rhiannon Ward	Author Events	Arnold Library	£3
20 Jan	Not The 1921 Census	Workshop	Online	£3
22 Jan	Granny Trouble With Serena Patel	Children's Author Event	Beeston Library and West Bridgford Library	£3
29 Jan	Brilliant Brass and Fantastic Fanfares	Family Concert	Mansfield Central Library	£3/£6
29 Jan	Little Red Riding Hood	Family Theatre	Worksop Library	£3/£6
29 Jan	Notts Lost Words: Dialect Poetry With Andrew Graves	Workshop	Beeston Library	£5
5 Feb	Korky Paul	Children's Illustration Event	Mansfield Central and Worksop Library	£2
14 - 18 Feb	Curious Investigators	Family Theatre	Various Libraries*	£3/£6
14 - 17 Feb	Jazz Steps Presents: Tom Ollendorff Trio	Live Music	Various Libraries*	£12
16 Feb	Dementia Friendly Screening – Tangled	Film Screening	Mansfield Central Library	£1
18 Feb - 31 Mar	The Big Draw 2021: Make The Change - FACES, PLACES	Exhibition	Beeston Library	FREE
24 Feb	Dementia Friendly Screening – Funny Face	Film Screening	Mansfield Central Library	£1
24 Feb	Colour of Love Film Screening and Q&A	Heritage Screening	West Bridgford Library	FREE
24 Feb	Breaking The News	Launch Event	Worksop Library	FREE
24 Feb - 19 Apr	Breaking The News	Exhibition	Worksop Library	FREE
26 Feb	Spectacular Strings	Family Concert	Hucknall Library	£3/£6
1 Mar	Family History One-to-One Sessions	Heritage	Online	FREE
2 Mar - 17 Apr	Lost Words Exhibition	Exhibition	Mansfield Central Library	FREE
9 Mar	Florence Boot and Philanthropy	Heritage	Online	£3
10 Mar	Sarah Ward AKA Rhiannon Ward	Author Events	Southwell Library	£3
12 Mar	Exploring Local Newspapers	Heritage Workshop	Worksop Library	FREE
13 Mar	Spectacular Strings	Family Concert	West Bridgford Library	£3/£6
14 - 19 Mar	Story Explorers: Down, Down Underground	Under 5s	Various Libraries*	£2
14 - 17 Mar	Jazz Steps Presents: The Sara Dowling Quartet	Live Music	Various Libraries*	£12
16 Mar	Chesterfield Canal	Heritage Talk	Worksop Library	£3
17 Mar	The Case of The Late Cook: Murder Mystery With Kate Ellis	Author Events	Kirkby-in-Ashfield Library	£3
17 Mar	Death at The Dig: Murder Mystery With Kate Ellis	Author Events	Newark Library	£3
19 Mar	Headline of Your Life	Workshop	Worksop Library	£40
22 Mar	Lady Arbella Stuart, The Queen That Never Was	Heritage Talk	Mansfield Central Library	£3
24 Mar	Dementia Friendly Screening – Dads Army	Film Screening	Mansfield Central Library	£1
26 Mar	Spectacular Strings	Family Concert	Worksop Library	£3/£6
26 Mar	Notts Lost Words: Dialect Poetry With Andrew Graves	Workshop	Mansfield Central Library	£5
31 Mar	Colour of Love Film Screening and Q&A	Heritage Screening	Beeston Library	FREE
Apr	Inspire Learning Summer courses now available to book.	/isit inspireculture.or	g.uk/learning for full listings	
5 Apr	In Their Own Words	Heritage Talk	West Bridgford Library	£3
6 Apr	Catherine Booth, The Mother of The Salvation Army	Heritage Talk	Beeston Library	£3
6 Apr - 22 May	Poetry Place	Exhibition	West Bridgford Library	FREE
23 Apr - 5 Jun	Open Studios Notts: Bringing Artists Into View	Exhibition	Arnold, Mansfield Central and Worksop Libraries	FREE
25 - 28 Apr	Jazz Steps Presents: The Dave Storey Trio	Live Music	Various Libraries*	£12
26 Apr	Not Dancing With Ingrid Pitt: Andrew Graves Book Launch	Book Launch	West Bridgford Library	FREE
27 Apr	The Worksop Torso – A Story of Survival	Heritage Talk	Worksop Library	£3
27 Apr	House Histories by Melanie Backe-Hansen	Heritage Talk	Online	£4
May	Inspire Learning Summer programme begins. Browse and	book courses at insp	ireculture.org.uk/learning	
15 May	The Great Nottinghamshire Local History Fair	Heritage	Mansfield Central Library	FREE



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