

Are you concerned about the impact on loneliness has on socially isolated people in our community? Perhaps you know someone who is needing some support.

Two's Company can help people make a difference to our community during this time of crisis.

What is 'Two's Company'?

'Two's Company' is a telephone befriending project being run through St Mary's Church, Eastwood. Many people in our community are more isolated now than ever and this project provides a way for local people to stay in touch by telephone on a regular basis.

Who is it for?

Two's Company is aimed at those most vulnerable to the effects of social isolation due to age, location, health or other factors.

How does it work?

Volunteers from your local church and wider community form a team of telephone befrienders. Referrals for phone calls are made to the coordinator and they then match a telephone befriender with someone requesting a phone call, called a 'Link Friend'. The Link Friend will receive a phone call from their befriender at least once a week for 4 months or more, providing much needed companionship during this difficult time. We expect this process to benefit both those involved in the regular calls.



Who can get involved?

Volunteers will have been vetted and checked through previous roles in their local church and community. It would particularly suit those who have a warm, friendly and empathetic character and can relate to people of different ages and backgrounds. Good listening is a key skill required as are good communication skills.

How does this project work in partnership with other agencies?

Our local Two's Company project will work together with other groups, such as Community groups, Local Authorities and groups that have started in the area recently to respond to Covid-19.

I'd like to get involved. What do I do now?

The best way to get involved is to contact the coordinator overseeing the initiative in the Eastwood area. The dedicated phone number is below.

I would like to request a regular call – what do I do?

To refer yourself or someone you know, please call the Coordinator, for a friendly discussion.

Coordinator: [Jackie Smith](#)

Telephone: [07754560989](tel:07754560989)

E mail: jackiedsmith@outlook.com

This project has been set up in partnership with Linking Lives UK which is a national Christian befriending charity that, since 2012, has established befriending projects in over 30 communities across the country, working through the local church to combat loneliness and social isolation.

www.linkinglives.uk